**Broccoli II Study**

**Study Objective:**

To learn how the nutrients in well-cooked broccoli are metabolized and absorbed and how the nutrients affect markers of inflammation.

**Recruitment Criteria:**

* 21-70 years of age
* Nonsmokers
* Not diabetic
* Not vegetarian

**Requirements:**

* Study will consist of two 3-week diet periods with a 6-week break in between periods. During the two 3-week diet periods, volunteers will be fed a controlled diet provided by the Center.
* Participants will come in to the Center for breakfast and dinner, Monday-Friday. Lunch and weekend meals will be packed for carryout.
* During the 6 weeks, participants will be allowed to eat only the items that we provide and they must eat all of the items that we provide.
* Blood, breath, urine, and fecal samples will be collected during the study.
* Participants will be compensated.
* Study will start in February, 2107 and will end in May, 2017.

**Interested in participating?**

* If you are interested in participating, you must attend an information meeting. Dates and times for information meetings for the Broccoli II Study are:

Tuesday, January 10th at 5 PM

Wednesday, January 11th at 12 PM

Tuesday, January 17th at 5 PM

Wednesday, January 18th at 12 PM

Monday, January 23rd at 5 PM

Tuesday, January 24th at 12 PM

* Please click on the link on the left for “Volunteer Screening Process” for more information on information meetings, screening, study volunteer responsibilities, and directions.
* If you would like further information, please email us at volunteers@ars.usda.gov or call 301-504-5454 and leave a message.